



June 2012


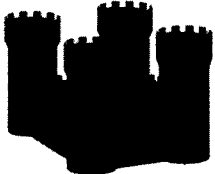
ARCHDIOCESE OF LOS ANGELES

BREAKFAST



Preferred Meal Systems, Inc.

preferredmealsystems.com

Monday	Tuesday	Wednesday	Thursday	Friday
				APPLE MUFFIN Grape Juice Strawberry Waffle Crackers Milk
GOLDEN GRAHAM CEREAL (WHOLE GRAIN) Superstix with Strawberry Cream Cheese Orange Pineapple Juice Milk	BUTTERMILK WAFFLES Orange Juice Milk	BEEF SAUSAGE PATTY ON A BISCUIT Blended Fruit Juice Milk	FROOT LOOPS (LOW SUGAR) Raisin Bran Muffin Apple Juice Milk	BLUEBERRY MUFFIN Grape Juice Apple Waffle Crackers Milk
HONEY NUT CHEERIOS (WHOLE GRAIN) Apple Granola Square Orange Pineapple Juice Milk	STRAWBERRY WG PANCAKES Apple Juice Graham Crackers Milk	BREAKFAST BURRITO Grape Juice Strawberry Waffle Crackers Milk	KIX CEREAL (WHOLE GRAIN) Whole Wheat Bagel Orange Juice Milk	APPLE MUFFIN Blended Fruit Juice Graham Animal Crackers Milk
FROSTED FLAKES (REDUCED SUGAR) Cinnamon Breakfast Square Blended Fruit Juice Milk	FRENCH TOAST STICKS Apple Juice Milk	CHEESY EGG, POTATO & TURKEY SAUSAGE INCREDI-BOWL Graham Crackers Orange Pineapple Juice Milk	CORN POPS Cinnamon Raisin Bagel Apple Juice Milk	BANANA MUFFIN Grape Juice Graham Wildlife Crackers Milk
				

*** ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS.

*** MENU SUBJECT TO CHANGE.

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7-12 ENHANCED (C25B)

Monday	Tuesday	Wednesday	Thursday	Friday
				CHEESE PISA PIZZA (WHOLE WHEAT) CRISPY CHICKEN FILLET (WHOLE GRAIN) Hamburger Bun Salad Bar Selection Healthy Bread Basket Fresh Apple* Vanilla Cookie Milk
MINI CORN DOG & CHICKEN FUN MIX W/POTATOES CHEESE PIZZA WEDGE Salad Bar Selection Healthy Bread Basket Peach Cup Milk	PATTY MELT ON WHOLE WHEAT HOT DOG Hot Dog Bun Potato Wedges Salad Bar Selection Healthy Bread Basket Fresh Orange* Fritos Milk	CREAMY CHICKEN PASTA (Garlic Bread Stick) GRILLED CHICKEN FILLET(Hamburger Bun) French Fries Salad Bar Selection Healthy Bread Basket Fresh Pear* Milk	ROTINI PASTA BAKE (WHOLE WHEAT) CRISPY CHICKEN FILLET (WHOLE GRAIN) Hamburger Bun Salad Bar Selection Healthy Bread Basket Fresh Apple* Multigrain Sun Chips Milk	CHEESE PIZZA DIPPERS Marinara Cup CHEESEBURGER Hamburger Bun Salad Bar Selection Healthy Bread Basket Fresh Banana* Milk
SALISBURY STEAK W/GRAVY (Hamburger Bun) CHEESE PIZZA WEDGE Salad Bar Selection Healthy Bread Basket Apple Juice Milk	SPAGHETTI W/MEAT SAUCE(WHOLE GRAIN) HOT DOG Hot Dog Bun Glazed Carrots Salad Bar Selection Healthy Bread Basket Fresh Orange* Garlic Bread Stick Milk	BEEF BURRITO GRILLED CHICKEN FILLET(Hamburger Bun) Corn Salad Bar Selection Healthy Bread Basket Fresh Banana* Snickerdoodle Cookie Milk	CRISPY CHICKEN TENDERS(WHOLE GRAIN) HAMBURGER Hamburger Bun Salad Bar Selection Healthy Bread Basket Fresh Pear* Chocolate Elf Grahams Milk	PEPPERONI PISA PIZZA (WHOLE WHEAT) CRISPY CHICKEN FILLET (WHOLE GRAIN) Hamburger Bun Salad Bar Selection Healthy Bread Basket Fresh Apple Milk
PENNE PASTA W/MEAT SAUCE (WHOLE GRAIN) PEPPERONI PIZZA WEDGE Salad Bar Selection Healthy Bread Basket Applesauce Cup Milk	POPCORN CHICKEN Corn Muffin HOT DOG Hot Dog Bun Potato Wedges Salad Bar Selection Healthy Bread Basket Fresh Orange* Milk	TERIYAKI GLAZED CHICKENW/BROWN RICE GRILLED CHICKEN FILLET(Hamburger Bun) Salad Bar Selection Healthy Bread Basket Fresh Pear* Multigrain Sun Chips Milk	CHEESE PIZZA DIPPERS Marinara Cup CHEESEBURGER Hamburger Bun Salad Bar Selection Healthy Bread Basket Fresh Banana* Milk	ZESTY TACO MEAT Tortilla Rounds (WG) CRISPY CHICKEN FILLET (WHOLE GRAIN) Hamburger Bun Salad Bar Selection Healthy Bread Basket Fresh Apple Mini Wafers Milk

***ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS.

***HEALTHY BREAD BASKET AVAILABLE DAILY.

***MENU SUBJECT TO CHANGE.